

The 2012 National Survey on Abuse of People with SurveyMonkey Disabilities

If yes, how would you describe the effectiveness of the therapy or counseling that was received?

		Response Percent	Response Count
Not helpful		4.9%	163
Somewhat helpful		14.2%	470
Very helpful		6.6%	219
Extremely helpful		4.2%	139
This question doesn't apply to me		70.0%	2,311
	Please feel free to describe this experience		243
		answered question	3,302
		skipped question	3,987

Page 2, Q1. If yes, how would you describe the effectiveness of the therapy or counseling that was received?

1	We thought we were going to get a trial, the CPS video was good for a conviction. We didn't want to coach her with what to say and ruin her chances at the trial, so we avoided talking about the subject until several months later, when the Prosecutor refused to give us a trial. We tried to give her support, but probably too late to be helpful. Professionals did the best they could. Wish we could have started right away with therapy.	Nov 15, 2012 10:52 AM
2	Unfortunately the counselor created further trauma, however the psychiatrist that provided services was very helpful.	Nov 15, 2012 7:30 AM
3	Child (now an adult) doesn't understand enough for therapy to be of benefit.	Oct 4, 2012 9:45 PM
4	transferred from one counselor to another	Oct 2, 2012 4:35 AM
5	There were some of the same issues with health care professionals as usual, yet having a nice and trained sympathetic friend, when that was available helped. Don't get me wrong, this type of luck runs out fast.	Sep 26, 2012 5:03 PM
6	I have sought therapy from approximately four therapists due to the neglect I experienced and the mental health issues. I have been working with my current therapist for 9 months and have found the experience amazing and healing. Through my work with her, I have sought additional help from a physician who prescribed medication that works well for me - in combination with the work with my therapist. This therapist is an LICSW - and all previous therapists were psychologists. I find the fit with the LICSW is much better for me. (I am also trained in providing therapy, so I find it challenging to find a professional who I will allow to treat me effectively.)	Sep 10, 2012 8:26 PM
7	Because there are several different cases involved its hard to answer. sometimes it helped sometimes it didnt. overall, i would say that it wasnt helpful more than it was, and alot of that is because the counselors werent very good.	Sep 2, 2012 1:41 PM
8	Currently undergoing therapy and psychological testing.	Aug 28, 2012 6:49 AM
9	Time will tell. I suffer from major depression - severe with idiation and need better care than provided. I can't afford proper care and depend upon student insurance at the time.	Aug 27, 2012 8:47 AM
10	have been seeing psychologists since I was 2 years old. So far I am not much less of a target for bullies. Have recently commenced tolerance and assertiveness training, which looks promising.	Aug 23, 2012 9:36 PM
11	I did get therapy for anger issues and family problems, it was good experience right up to end of my high school years, I moved on, and I didn't need counseling anymore since I know how to handle my anger issues.	Aug 23, 2012 8:48 PM
12	Therapist did not know how to work with deaf/hard of hearing individuals	Aug 15, 2012 9:58 AM
13	This child was taken into foster care based on his outcry of siblings sexually acting out at home. DLB was considered the victim. The court stated "Mom will believe children's outcry of sexual abuse." However, when in CPS custody, the child made two outcries of Sexual abuse and zero therapy was offered. Child was punished and sent to a horribly run RTC in Texas, Pegasus RTC. Shortly	Aug 13, 2012 9:01 AM

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	afterward, in less than 30 days, child deemed to have violated terms of release, and placed in the custody of the Texas Youth Commission (TYC), and has not received any help.	
14	He is still in progress.	Aug 8, 2012 7:44 PM
15	It was one of the first times I stood up for myself & "questioned authority"	Aug 8, 2012 12:15 PM
16	<p>Counseling is essential to repair the damaged confidence and self esteem from the trauma inflicted from teaching staff who should teach without prejudice, bias, and equally allowing a student to succeed rather than bullying the student she does not like and humiliate someone with justification that this student "disrupted" anything. She has a clear hate bias towards people with disabilities as publicly announced while singling me out to my peers and caused a total escalated course of events that have resulted in damage to my good name and reputation, lack of completion of my education for employment, administration discipline to be directed at me under color of law rather than hate and bullying of an instructor who has crossed the line of all education laws that has been ignored since legal help is abundant for school districts and no help for abused students who have dedicated years of time and money to succeed. It gets to a point that a 3.8 - 4.0 status is not enough because a bigger issue is at hand: Abuse towards a student with mental disabilities is allowed without any provocation if the teacher makes a bunkum. There should be a criminal investigation done to hold a teacher accountable for exploiting her position of power to harm another human being to this level of damage: Financial, emotional, psychological injury, harm to name and reputation, self esteem and confidence and leaving a disabled student with capability to damaged to preserve her secrecy and denial and allow her to continue to pretend that this never happened. I have experienced anxiety, nightmares, fear of going back to school because of what they are capable of doing when they abuse and lie to conceal it, lack of appetite, intrusive flashbacks and recurring thoughts about it,..... There needs to be some level of justice in our jurisprudence system that has a standard of due care for administrative penalties for allowing such mistreatment of staff and administrators towards disabled students to hold them back from achieving their success in our communities when my effort has been so dedicated, committed, persistent to succeeding and passing and moving forward. I have come to know now that all of my efforts and years of lost time will never be accounted for because of the corruption in the state school system of authorities whose positions are to investigate and change this. There is no protection for me and only a backlash for thinking that I had the right to be treated respectfully and be safe while at school and had the right to report teaching staff abuse and mistreatment. They took Federal Funds and State funds at the promise of my education and would not even return my parking sticker funds when they suspended me under color of law once I reported staff mistreatment and misconduct towards me that is not directed to students without disabilities.</p>	Aug 3, 2012 12:34 PM
17	Perseveration remains to this day!	Aug 3, 2012 11:41 AM
18	MEntal Health professionals in this region of California have limited experience working with neuropsych patients or individuals with communication difficulties. They do not understand issues that are organic in naturwe and are more accustomed to working with seriously emotionally disturbed children.	Aug 3, 2012 8:22 AM

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19	ongoing at this time for less than a year. It appears to be helping.	Aug 1, 2012 1:24 PM
20	guidance counselor not capable of understanding autism, site coach much better	Jul 31, 2012 7:27 PM
21	Caused more psychological problems.	Jul 31, 2012 7:24 PM
22	i	Jul 31, 2012 6:04 PM
23	Extremely lengthy involving EMDR therapy for PTSD	Jul 31, 2012 5:24 PM
24	Validated my feelings and my self-worth.	Jul 31, 2012 5:01 PM
25	I received family counseling during the same time period which was not ordered as a consequence of the bullying episodes. The family-based counseling could have been more helpful, but my father ended the sessions after the counselor suggested that a family dynamic could be responsible for my behavior.	Jul 31, 2012 2:22 PM
26	lots of moral supports and protections	Jul 31, 2012 10:39 AM
27	We were not offered therapy. It would have been nice to have the opportunity to address the sexual advances in therapy.	Jul 31, 2012 9:07 AM
28	she only taking meds to calm down.	Jul 31, 2012 12:44 AM
29	Read the previous answer I provided you. I went to a different therapist who didn't blame me for being a victim of abuse and bullying!!!	Jul 30, 2012 6:34 PM
30	The therapy that i recieved saved my life. The therapy for my kids was not as great for a lot of reasons, some having to do with their cognitive disabilities.	Jul 30, 2012 2:00 PM
31	but never really fixed the problem. The victim isn't the only one that needs counseling. The abusers need it too so they can stop taking their anger out on the victim.	Jul 30, 2012 11:43 AM
32	I wish there was more long term therapy or counseling available for my daughter who was raped. It has changed her forevery I'm afraid.	Jul 30, 2012 7:37 AM
33	I sought counseling for my son, hewas put on anti-depressants, counseled and things improved.	Jul 30, 2012 7:19 AM
34	The lady that runs the program here would drop anything to help me or my son. knowing that she will not abandon me has kept me strong. I have 1 person that is ON MY SIDE	Jul 28, 2012 6:06 PM
35	Our daughter is still alive and she now knows that she can communicate what is going on and who is abusing her -- and we recognize and pay better attention to her moods and the "danger signals!"	Jul 27, 2012 7:38 AM
36	It helped for awhile but the trauma comes back to visit and she has to go back to the counselor again. It has caused her to become anxious.	Jul 26, 2012 4:01 AM
37	My therapist failed to obtain the proper paperwork, and could not remember the facts of my case from week to week. She did not take notes or try to do better. She had a very limited understanding of the dynamics of abuse.	Jul 25, 2012 12:05 PM

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38	biofeedback was the best	Jul 25, 2012 9:31 AM
39	Counselor excellent, but therapy difficult during ongoing abuse. After the separation I was tsunamied with legal abuse, which took energy away from recovery therapy. Now the divorce is finalized a month ago, I can focus on this better, although I have to sell my house simultaneously	Jul 25, 2012 9:11 AM
40	Please see the comments above.	Jul 25, 2012 8:13 AM
41	Was not in counseling specifically because of the bullying, but it was discussed eventually.	Jul 25, 2012 7:14 AM
42	none	Jul 25, 2012 5:26 AM
43	i have epilepsy i m sober i m rembering somthing traumatic tht happened to me many years ag0 i have been accused of being on drugs because of this i m not	Jul 25, 2012 5:18 AM
44	It did not prevent the bullying, only how we respond to it.	Jul 25, 2012 4:59 AM
45	She couldn't even identify my suicidal ideations until after my 30th attempt.	Jul 24, 2012 8:12 PM
46	it is helpful in my adult life; never received any growing up	Jul 24, 2012 10:04 AM
47	i will never turn to the mental health system does not need it willnot have that forced down my throat like that witch that adopted me did	Jul 24, 2012 9:57 AM
48	Helped save daughter's life.	Jul 24, 2012 9:21 AM
49	In therapy I was able to talk about the bullying and sexual abuse as a child by two family members (no penetration). The 'talk therapy' freed me of guilt (bullies make you think you are the problem) and let me lead a better life.	Jul 23, 2012 3:39 AM
50	Have said somewhat helpful as these experiences have helped me become involved and fight for human rights. Just knowing people in these communities has itself provided a form of therapy. A form much greater than any professional or service provider can administer.	Jul 23, 2012 2:57 AM
51	Counselors need more training about the intersection between disability, abuse, body image and sexuality. Very few rape crisis centers have the knowledge or skill to help us. One which does is www.peaceoverviolence.org , a southern California based organization which has helped me now much better than my initial counselor, who pushed me to drop the abuse charges rather than help me through the process.	Jul 22, 2012 7:23 PM
52	Helpful school and family counselor for my son	Jul 22, 2012 6:31 PM
53	Very harmful, included further abuse.	Jul 22, 2012 11:53 AM
54	Most of my therapists have been helpful or at least understanding. One of them, though, was herself an abuser, putting me on medication and keeping me on it even when she knew it was causing me harmful side effects like seizures for things that did not require medication. She always treated me as the problem that needed to be fixed, rather than ever suggesting to my parents that my environment or circumstances needed to be changed so that I wouldn't get hurt	Jul 22, 2012 9:43 AM

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	as much. It just made the period that I was getting bullied during significantly worse.	
55	Had multiple therapists that were inadequate in correctly recognizing the abuse. My current therapist is amazing and has helped tremendously	Jul 22, 2012 9:13 AM
56	Over the years, I was able to manage. It wasn't until later that I was able to resolve some of the trauma issues, including those which were the cause of PTSD.	Jul 22, 2012 8:55 AM
57	The situation in the classroom didn't really improve overall . The hitting only stopped (mostly stopped) after the principal got involved. The teacher is nice but couldn't control the behavior. I guess the other boy was afraid of the principal and he mostly stopped. He only hit my son once more, long after but he continued to hit his teacher and other kids.	Jul 22, 2012 5:09 AM
58	He still harbors pain and anger toward his family members.	Jul 13, 2012 4:43 AM
59	I have been in and out of counseling since I was a child. I just started receiving counseling from a new counselor and so far it has been somewhat helpful..	Jul 12, 2012 10:09 AM
60	Received valuable data about new behaviors, how long and what caused them to occur. but the school did not use this information to develop a BIP, even though they paid for it...they created their own assessment and used it instead.	Jul 10, 2012 10:49 AM
61	therapist believes husband will carry thru with his threats, making matters worse for the disabled mother. Husband sees the + \$2,000 monthly check as HIS compensation for bad luck. He dismisses input and needs of disabled person.	Jul 9, 2012 6:25 AM
62	IT depends. My first counsler in high school told me I needed to go to Deaf college, Gallaudnt to find a deaf man to marry me and take care of me. I have been in therapy in different times of my life. First time in college, it was helpful to learn how to sleep and eat and learn how to move on from the trauma from my father. In grad studies, it was not helpful until I went to phsycitric (crazy place) ER and had to stay there 12 hours with no inter peter. Here in Canada, the only couelsor 1 hour way who knows ASL is also inter peter, that's a conflict of interest. I have no therapy or cuonsler right now. The best thing was when I took 6 week workshop/program for Deaf women and women in dsialbities who are victims of abuse to use collorbative learning to empower ourselves. That was the BEST thing ever! That program had good inter peters, even though it was my inter peters, it was ok because it was group discussion and I felt like I was learning tools I could apply to myself. I also felt less isolated.	Jul 6, 2012 12:56 PM
63	Father-in-law non-complaint with meds	Jul 5, 2012 12:07 PM
64	?	Jul 5, 2012 10:29 AM
65	One family member with autism found therapy very helpful. Another found it detrimental.	Jul 2, 2012 8:22 PM
66	Therapy helpful in my 20's.	Jul 2, 2012 1:44 AM
67	Informal support from family and friends was very helpful.	Jun 29, 2012 10:18 AM

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68	it took years for me to figure out his behavior wasn't my falt.	Jun 27, 2012 11:29 AM
69	I am pleased to have a mental health and disabilities councilor who can help me.	Jun 26, 2012 2:17 PM
70	See question 17	Jun 25, 2012 3:10 PM
71	There is a lot more help (therapy) that he needs as a adult that he is having an extremely hard time accessing.	Jun 22, 2012 1:54 PM
72	The injury I've sustained is not curable. The negative, socially dismissive, and unsupportive experiences I received from my city, San Mateo County, and the State of Calif have been life damaging. This is no exaggeration.	Jun 21, 2012 6:54 PM
73	Working with a sexual violence advocate was helpful. The EMDR therapist I went to was awful. She was not covered by my insurance and failed to tell me that after paying \$150/session. She also told me that I would be eligible for a public defender!!! As a victim that was very hurtful and ruined any level of trust I had with her.	Jun 21, 2012 8:37 AM
74	I didn't want to discuss the sexual abuse and didn't tell of the physical abuse although bruises were visible, the therapist never asked about it.	Jun 20, 2012 9:52 AM
75	During therapy sessions the victim is able to express self. However, when placed back in the work place seeing the bully makes the person very uncomfortable and is unable to stay at work	Jun 19, 2012 9:29 AM
76	Therapy got us to understand a lot about abuse and the cycle it travels. It also gave a support system that showed us that we didn't need to return to the violence.	Jun 18, 2012 7:39 PM
77	Extremely helpful, but it also is extremely difficult to serve aging Asians.	Jun 18, 2012 7:18 PM
78	Still in process	Jun 18, 2012 5:07 AM
79	i was able to gain my self-esteem back and learn how to adovcate for myself better. This is a ongoing process, daily. I find myself on "guard" or in the protective mode. Even when people are nice.	Jun 15, 2012 6:38 AM
80	There are still a lot of times that I don't feel like a person of value.	Jun 15, 2012 6:31 AM
81	While I did not receive therapy, I was able to access free online seminars from NICABM. So what I did to help myself was good.	Jun 12, 2012 7:43 PM
82	Because of the harassment I recieve, I felt I need to see a pscylogist so the judge would better under stand my brain injury. It worked. I saw DR. Katherine Rogers Burrows who was a master degreed nuero pyscologist. She could actually show me where in my brain the stroke affected. She is also very christian which also made a difference in her desire tro help.	Jun 12, 2012 11:17 AM
83	Dont think the school counselor or psychiatrist are involved with the kids . its like they put in their part time time and get out. its really not a very committed feel to the kids they serve. it feels like a waste of tax payer money and an avenue to build their private practice outside of school.	Jun 12, 2012 9:59 AM

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84	Mostly they want us to learn how to put up with it. That's sick in itself. The way society treats us is not our problem - it's theirs - but we're supposed to just accept it? I don't think so - discrimination, bullying, harassment - these aren't good qualities. Mistreating the most vulnerable is disgusting - but people justify it, one way or another.	Jun 11, 2012 2:40 PM
85	I had a cab driver in Chicago take me on an extensive ride and try to charge me. I told him I would not pay that amount and gave him no tip. Then, I reported him to the cab company and explained what happened. They gave me coupons and apologized for his behavior.	Jun 11, 2012 11:45 AM
86	"Professionals" are not always trained to work with people with intellectual disabilities which causes more stress for the child/family knowing that they are not really understood.	Jun 11, 2012 9:54 AM
87	At least supportive My daughter too anxious to go to school anymore due to school abuse	Jun 10, 2012 9:49 AM
88	If they would have provided such services, it would have been an admission that they failed to protect the child against those sexual predators and abusers.	Jun 8, 2012 9:05 AM
89	At first the counselor and myself probably both felt a little defeated until I had an opening mement in a session and seemed to be able to open the flood gate for discussions.	Jun 7, 2012 1:47 PM
90	Cognitivie Therapy I got was good (but I was very lucky). Now I can't get help anywhere.	Jun 7, 2012 12:15 PM
91	I'm still growing...	Jun 7, 2012 10:31 AM
92	My child suffered night terrors for over a year. Therapy and medication helped	Jun 6, 2012 1:56 PM
93	I am a social worker/counselor and have helped persons with acquired hearing loss to accept what has happened and to learn the coping and assertiveness skills they need.	Jun 6, 2012 8:36 AM
94	Periods of improvements followed by various events, therapist repeatedly conveying information that results in father punishing but not follow up, suggested solutions, meetings to discuss the changes and how to strengthen the relationship are two examples.	Jun 6, 2012 12:23 AM
95	The couselector was not qualified.	Jun 4, 2012 6:07 AM
96	Abuse changes the way that you see the world. You are not who you were before. So, while your mental outlook can be changed, the circumstances around it do not. It is up to that individual with help if needed to create a world that lets them take care of their needs and at the same time protect themselves.	Jun 4, 2012 5:55 AM
97	Hasn't occurred yet.	Jun 3, 2012 12:22 PM
98	I tried to stay away from my sister. I lost my house in a short sale I could not pay my bills. I moved imn with my Mother.I didn't have any place else to live. My sister moved in some time before before me.She moved with mom so she could rent her house. as of Mach she has purched 5 ormore	Jun 2, 2012 9:46 PM

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99	He has difficulty getting over these incidents and putting them behind him. Especially when kids who see him get hit mock him about it every day.	Jun 2, 2012 5:44 PM
100	This present time two deaf services could accept my insurance and near my location they rejected!!	Jun 1, 2012 4:03 PM
101	out patient therapy has not been intensive enough for his needs.	May 31, 2012 4:02 PM
102	I definitely feel like the therapy and counseling I have received is not nearly enough.	May 31, 2012 3:59 PM
103	The bullying and sexual incident were not addressed. I was treated like a person who "had a problem" and was thoroughly intimidated by psychoanalysis.	May 31, 2012 8:07 AM
104	Years of therapy. I continue to give and receive support from a group of involved men.	May 31, 2012 6:42 AM
105	My brother terminated counseling	May 31, 2012 4:43 AM
106	Because the victim's autism makes communication challenging, it is unclear whether his time with the school counselor was helpful.	May 30, 2012 7:19 PM
107	My employer would not allow me to take off work or make my own schedule; thus I could not attend the counseling sessions specific to my disabilities. The campus where I worked was not handicapped equipped.	May 30, 2012 6:01 PM
108	It helped me analyze what I went through and I learned how to deal/face things I didn't want to.	May 30, 2012 4:32 PM
109	Here I am 25 years after the attack...I had to survive on my own..but just barely!!! Workmanship compensation was a nightmare and they did me more harm than good.	May 30, 2012 3:01 PM
110	it made her aware that her bullying which was centered on my disability was not acceptable and could become an issue under the ADA but it also increased her sensitivity and awareness. It is only somewhat helpful because she is somewhat abusive and that hasn't changed.	May 30, 2012 2:20 PM
111	Never got any help. Could not afford it when I needed it. And feared for my confidentiality. And was too embarrassed to tell.	May 30, 2012 1:39 PM
112	somewhat helpful, but unless you have lived in fear for your life and/or your children's lives, you cannot understand the unending fear....my exhusband even tried to have me killed and has made plans to abduct the children and flee the country. I live in fear for my life and my children's safety every day of our lives.	May 30, 2012 9:28 AM
113	Therapy added to the stress because the therapist lack knowledge of legal abuse. The only doctor that was able to help me was the one who prescribe meds and diagnosed my PTSD, but that took 10 years for me to find someone like that. It just so happened that I was living in a military town at the time and the doctor had many soldiers as patients. He was able to diagnose me on our first meeting.	May 30, 2012 8:21 AM
114	As a blind person in California, I was abused. People who are born blind in	May 29, 2012 7:54 PM

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	California should receive services from the regional center and be protected by the Lanterman ACT.	
115	never recieved therapy	May 29, 2012 2:42 PM
116	I sort of think all they could really do was just listen to me.	May 29, 2012 10:20 AM
117	Imdividual and group therapy woke me up enough to go for a divorce and finalize it.	May 28, 2012 6:35 AM
118	STILL GO TO MY THERAPY	May 26, 2012 6:40 PM
119	Child thought that nicknames given to him by other students were positive and that they were befriending him. Took two years for him to understand they were not positive comments.	May 25, 2012 2:27 PM
120	I was taught techniques to replace negative thoughts with positive thoughts and to write in a journal how I am feeling and what I am experiencing as a means to keep these negative thoughts from being trapped inside of me and thus causing me illness to get worse. These techniques have been helpful. However, when I mention I feel I am the victim of emotional abuse from people in my community, they say I am just imagining it.	May 24, 2012 6:27 PM
121	Still receiving therapy.	May 24, 2012 10:37 AM
122	I'm glad I have someone to talk to about the experience and also to talk to about having a child with special needs. It helps to have someone to work things out with because it is a stressful job caring for a child with a disability.	May 24, 2012 5:59 AM
123	The therapy I was referred to and provided at no cost actually made me worse. Therapy that I found and paid for on my own has been very helpful.	May 23, 2012 10:19 PM
124	I think what helped me deal with being bullied was just growing up and getting out of those environments, you can't expect any person to be so well-adjusted that they will feel good about themselves whil they are being bullied.	May 23, 2012 11:39 AM
125	I have suppressed the problems for numbers of years until I went to graduate school being on my own, so many problems resurfaced. There, I sought for counseling and it truly helped me to express my experiences and focused on my graduate studies.	May 23, 2012 8:42 AM
126	I finally gave up on my search for a man and decided to just live life on my own.	May 23, 2012 5:00 AM
127	We do go for therapy but not directed towards bullying or abuse.	May 22, 2012 6:14 PM
128	this person received therapy for their disability, but not because of the bullying behavior they encountered.	May 22, 2012 1:43 PM
129	It is very difficult to find qualified deaf counselors.	May 22, 2012 9:59 AM
130	In general, I think Counseling is one great tool for many people provided the therapist is culturally diverse including experience with individuals with disabilities	May 22, 2012 9:49 AM

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131	remains to be seen.	May 22, 2012 8:30 AM
132	My brother was made to realize he did nothing to deserve the way he was being treated. And he was reminded of his worth and the great person he is and all the good he does for others.	May 22, 2012 7:59 AM
133	Attended the workshop about Bullying and other workshops (Victim) that I learned and use their tools and it is worth and taught my mom and brother how to avoid this bullying situation.	May 22, 2012 7:57 AM
134	I didn't receive proper therapy until my late 30's	May 21, 2012 4:36 PM
135	Son's too scared to talk freely; tells the therapist what he thinks she wants to hear or that his daddy would want him to say. Focus is not trauma therapy and frequency not enough to build a healthy therapeutic relationship. Fear that he will never trust any therapist for fear they will tell his dad what he says.	May 21, 2012 4:17 PM
136	She handles it better now. She can talk about it more.	May 21, 2012 1:18 PM
137	me and my son are still suffering this horrible experience. by the way the judge dropped the charges in fact because my husband has not received his citizenship even though we have been working on his papers and work permit for 4 years.unfortunately he was placed under ice immigration my husband spent 1 year in immigration and not to mention the mental abuse they did to my husband. and he already suffered his mental illness but the interrogation and bullying him to convince him to volunteer to be deported took a toll on him now that he has been released he has been worse than ever before. what does an undocumented person with a mental illness do when you are in the hands of immigration when behind bars my husband say horrific abuse right next to him.one incident he was at the downstairs basement of immigration and a 75 year old man was standing next to my husband when the 76 year old man turned around and looked at this person and the deportation officer had his paton in his hand and broke this 75 year old man legs and this man dropped to his knees. i can not begin to tell you the horrific my poor husband had to endure and witness such horrific abuse not only mental but physical because he got real sick in there and they neglected treating him because they figured he is going to be deported. so they ignored him..what does an immigrant do when they suffer a mental illness and they are put in immigration detention center. and all the lies they tell them	May 21, 2012 9:17 AM
138	even though my mom was the "interpreter" in the session-it has strengthened our relationship and my self-esteem...I still am bothered by it to this day. It never goes away.	May 21, 2012 8:02 AM
139	Though not dealing with therapy for trauma from abuse, therapy sought seems to have been helpful in dealing with grieving loss, difficulty with relationships and some coping with circumstances. It does not provide tools for effective self-advocacy or seem to have resolved feelings of low self-esteem and negative projections for his future.	May 21, 2012 6:31 AM
140	I have regular appointments with the psychologist. She works with me on strategies on how to cope	May 19, 2012 7:58 AM

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141	Don't really remember	May 18, 2012 4:16 PM
142	The therapist is quite good. My relative today is the well adjusted, out-going, and happy individual he was before the bullying incident. He understands why his classmate was the way he was.	May 18, 2012 4:04 PM
143	They were sued	May 18, 2012 12:09 PM
144	many therapies are not geared toward persons with disabilities (learning)	May 18, 2012 11:23 AM
145	I learned to advocate for myself and to deal with my issues and symptoms. I learned that people will do to you what you let them do if you don't sand up for yourself.	May 18, 2012 11:09 AM
146	abuse continued for many years As an adult i have worked on the issues with self help books and occasional counseling/support.	May 17, 2012 9:15 PM
147	I left as soon as I confessed to family and physician despite filing police report which resulted in nothing, I had no physical evidence or witnesses so I waited until my Social Security was approved and left.	May 17, 2012 8:20 PM
148	The counseling I got from my church kept me from killing the abuser...I guess that was a blessing.	May 17, 2012 11:04 AM
149	No One Did Anything Esp. Bob Morsey!	May 17, 2012 7:53 AM
150	I did go to counseling twice (on my own way after the bullying had stopped) and the experience was so horrid I stopped. To be more specific, the counselors believed I merely needed to accept my disability/disabilities (i.e. that I needed to accept that I was "less than" able-bodied people) and/or felt that I exaggerated what happened (or made it up completely) and then there was the condescending behavior that they had towards me. In a way, the "therapy" was another form of bullying.	May 16, 2012 7:36 PM
151	Varied by person and situation.	May 16, 2012 6:08 PM
152	She would not be alive today had she not received or been able to access the specialized program that she did (Renfrew).	May 16, 2012 5:54 PM
153	She needs to be around safe people who would not take advantage of her.	May 16, 2012 12:19 PM
154	it is very difficult to find therapists who can treat the disabled. mostly these professionals are trained for testing and diagnosis.	May 16, 2012 9:02 AM
155	Although she never acknowledged it, I feel that she understood what she was subjected to.	May 16, 2012 4:53 AM
156	Not much help, but pleasant enough to talk. Talking to other abused MUCH more helpful!	May 15, 2012 3:50 PM
157	For my, the best help will be when I read or listen that there are one new LAW THAT SAY, SPECIAL NEED CHILDREN UNABLE TO TALK OR COMMUNICATE APROPIATELY, OR MENTAR RETARDATION OR DEVELOPMENTAL DELAY, MUST BE WITH 2 ADULT PERSON WHEN NEED	May 15, 2012 5:23 AM

Page 2, Q1. If yes, how would you describe the effectiveness of the therapy or counseling that was received?

	TO GO TO BATHROOM. NEVER WITH ONLY ONE PERSON.	
158	We withdrew my son from this school, and he's getting weekly, private counseling about the incidents that occurred.	May 15, 2012 4:29 AM
159	We just secured a psychologist that deals w/FASD they are very hard to find. So therapy is just beginning.	May 15, 2012 3:30 AM
160	Counseling helped a tad bit with our normal daughter. The rest, never got help.	May 14, 2012 6:33 PM
161	All therapy is very frightening for psychiatric survivors such as myself.	May 14, 2012 3:45 PM
162	I did seek out counseling when verbal/emotional abuse turned physical...	May 14, 2012 4:55 AM
163	No one seemed to want to talk about it or deal with it. They felt more comfortable sweeping it under the rug.	May 13, 2012 7:54 PM
164	the ones that I managed to get via my studies - helped a lot. But the ones offered by the national health service was not helpful and waste of time and money.	May 13, 2012 9:55 AM
165	Many counselors are not experienced in disability related counseling - often that my issues were never different that anybody without a disabilities.	May 13, 2012 6:22 AM
166	Psychiatry perpetuated bullying as part of my life, and screwed me up far worse than I began.	May 13, 2012 4:06 AM
167	helpful in dealing with the feelings, having experienced bullying, but not to helpful in helping me avoid further issues	May 12, 2012 8:43 AM
168	I believe there should be more done thru the school system to control the bullying	May 12, 2012 5:16 AM
169	for myself and one child it was helpful for my other child it was not	May 11, 2012 2:14 PM
170	Two early therapists were not effective at all. In my 40s I finally found a helpful therapist.	May 11, 2012 12:35 PM
171	The family have brought in a paid advocate and continue to advocate for the child.	May 11, 2012 9:25 AM
172	The therapy initially started to help my son with his social skills and give him tools to cope with his peers. It was helpful for our family but unfortunately the bullying at school has continued.	May 11, 2012 7:39 AM
173	Most therapist have no or limited experience dealing with childrens death.	May 10, 2012 4:40 PM
174	Never received therapy.	May 10, 2012 10:21 AM
175	Focused on my child and his choices as though it was all his fault and he had control over how others behaved.	May 10, 2012 10:04 AM
176	But she kept going back.	May 10, 2012 8:17 AM
177	It gave my son a private place to talk to someone with whom he felt safe, and	May 10, 2012 8:04 AM

Page 2, Q1. If yes, how would you describe the effectiveness of the therapy or counseling that was received?

	who was not a family member.	
178	I also should have accepted alternative positions but I thought and I am certain that I was doing an excellent job therefore I never thought that by accepting another job role would only support their claim that could not do the job I was doing.	May 10, 2012 7:23 AM
179	I feel that after the states attorney spoke with the counselor and when she called the police nothing happened.	May 9, 2012 5:16 PM
180	A combination of system generated treatment, counseling and self-help support has literally given me the strength to survive. Thank-you for the work you do!	May 9, 2012 2:44 PM
181	in progress	May 9, 2012 10:40 AM
182	Not sure if he ever dealt with the bullying in his counselling sessions so cannot answer	May 9, 2012 10:29 AM
183	Met with a child psychologist who was very helpful	May 9, 2012 9:18 AM
184	We spent our retirement and ran up so large a debt paying for services that we eventually had to file for bankruptcy.	May 9, 2012 8:39 AM
185	My daughter used to have a number of interests. For example, she knew literally thousands of facts about hundreds of different dinosaurs. She also loved to read and read well above grade level. She doesn't want to do anything anymore except play a computer game that is more appropriate for 5-8 year olds than to a 14 year old. She says that the game is the only thing that takes her mind off what happened. She used to read to "get away from it all," but she now says reading doesn't work anymore and she has cried a lot about that. She no longer reads outside school and is not interested in any books we might borrow from the library or buy. Also, she won't go to the library any more, even though I am always there with her and we changed branches to avoid the boy who abused her the most and who also lives the closest to us.	May 9, 2012 6:00 AM
186	my counseling has been a life-saver but my son has not had the same results. He's 23, takes his medications sporadically so the counseling cannot help as much as it should. He is also in a bad relationship and lives 800 miles away. I can support him by phone but there is not much else I can do for him at the moment. He cannot return here, he will not leave his children behind.	May 9, 2012 5:29 AM
187	After being sexually assaulted, I went to a rape crisis center for services and they were VERY helpful, and were the first to help me understand the abuse was not my fault. I wish I could say the same for other counselors over the years (and I've had several), but many were more interested in getting me to "see my part in it."	May 8, 2012 8:16 PM
188	Important to have my daughter learn the way she was treated by male student AND THE TEACHER was wrong, that other authority needed to be told (she needed to tell other adults or case manager. Helped reassure me that she was not sexually abused (" just" harassed, almost as bad).	May 8, 2012 12:34 PM
189	Ibid	May 8, 2012 12:29 PM

Page 2, Q1. If yes, how would you describe the effectiveness of the therapy or counseling that was received?

190	She was quite young at the time so I am not sure how much therapy helped	May 8, 2012 8:32 AM
191	psychiatric social worker when little didn't have a clue, was not supportive... actually added stress, most of the agencies have been more stressful.	May 8, 2012 8:21 AM
192	In my son's case, the therapy has been somewhat helpful; however, it is sufficiently infrequent to be "very" or "extremely" helpful. I have little doubt that his experiences will plague him as an adult. It is important to point out that for many years, his diagnoses were incorrect (he was diagnosed with Tourette Syndrome at age 5, with Bipolarity added at age 13; it wasn't until he was 18 that his diagnosis was revised to ASD and excluded TS & BD). For those pre-ASD years, "therapy" was limited to snowing him with pharmaceuticals. Although I regret allowing it, I did not want to be labelled as noncompliant or oppositional; doing so has the undesirable effect of simply laying maternal blame for all the symptoms. In fact, it would probably be fair to say that there was a lot of abuse from clinicians aimed at me (I was accused of being the cause of his symptoms for many years by many people with vastly different opinions of how, exactly, I might have caused them... ranging from "having poor self-esteem" to being "domineering", to believing him to be "an omniscient child" to "inflicting physical abuse" to believing in a "ghost in the nursery" to being "a biased mother" and many more. In my case, the therapy I had (based on an incorrect diagnosis of Bipolarity) was akin to a bandaid solution. Pharmaceuticals were never helpful at all.	May 8, 2012 6:24 AM
193	Ineffective probably due to lack of compliance	May 8, 2012 5:55 AM
194	She has a limited ability to understand how to protect herself or to even know when she is being bullied in a lot of situations so it was somewhat helpful.	May 8, 2012 3:50 AM
195	received some strategies that worked	May 8, 2012 3:46 AM
196	Our only Salvation	May 8, 2012 1:35 AM
197	Don't know.	May 7, 2012 3:19 PM
198	Therapy was 'somewhat' helpful. AL-Anon was EXTREMELY helpful.	May 7, 2012 3:17 PM
199	The therapy helped me to better parent my children who were removed at age 3 and 4 from their birth home.	May 7, 2012 1:09 PM
200	He learned what he must do to be considered normal. But this made his whole existance a lie, he was existing just to please others. He did not want to live this way.	May 7, 2012 11:26 AM
201	This type of therapy takes a long time my child liso has speech delay and recent abuse has brought up past abuse as well	May 7, 2012 11:19 AM
202	Availed myself of {trauma-informed) EMDR/cognitive-interweave treatment, which stopped flashbacks, and intrusive recollections...	May 7, 2012 10:29 AM
203	Was told since my son has autism he would not benefit from therapy. My son is verbal.	May 7, 2012 7:28 AM
204	We went to a Native American women that understood the multi-generational	May 7, 2012 5:23 AM

Page 2, Q1. If yes, how would you describe the effectiveness of the therapy or counseling that was received?

	trauma from alcohol and culturally sensitive.	
205	It was believed by her treaters that because my daughter is mentally retarded, she would be unable to process or respond to therapy addressing the rape.	May 7, 2012 4:57 AM
206	at first yes and after a while no so stop or was denied the use to it	May 6, 2012 2:47 PM
207	I did most of my own therapy through anger management techniques while attending post secondary education to become a social worker.	May 6, 2012 12:33 PM
208	I was told that there are no services to help me with the extreme abuse i suffred so i cant get help. no one wants to help and or listen.	May 6, 2012 9:23 AM
209	He never received any therapy or counseling from it. It was by chance that they happen to see my son signing "stop" to the child that was hitting him.	May 6, 2012 2:16 AM
210	Depended on the therapist. Some were helpful, some harmful.	May 5, 2012 6:01 PM
211	Only time could heal some feelings. I made sure my family was aware of safe and unsafe and could tell me if they felt unsafe. I created opportunities with safe nurturing people when the time was right so my family member began to understand that it could be safe to be around others again.	May 5, 2012 5:41 PM
212	Calling it anything other than excusing the abuse is a sick joke.	May 5, 2012 4:20 PM
213	My sister is non-verbal so the therapy was not very effective/helpful. Very difficult to find a therapist who knows how to interact with a non-verbal person (she uses a communication device but communicating is painfully slow).	May 4, 2012 2:38 PM
214	Counseling doesn't seem to work properly on me because of my autism - their techniques assume a certain thinking style that is different from mine. For example CBT doesn't work on me because half of every thought is nonverbal. But having a sympathetic ear helps, and the self-treatment I've done (eg writing assignments from Courage to Heal) is helpful. Also, when I did some collages with this one sexual abuse support organization, they were helpful.	May 4, 2012 2:35 PM
215	The perpetrator needs severe consequences for abusing disabled people. The victim doesn't need therapy. It blames the victim for not having the "correct" attitude.	May 4, 2012 11:05 AM
216	If nothing else it allowed my son to verbalize his frustration and the hurt he felt/feels of not being accepted.	May 4, 2012 10:29 AM
217	The bullying that took place in the school setting has had a long lasting emotional impact. Therapy helped in dealing with the behaviors associated with the trauma but did not help to heal the emotional wounds.	May 4, 2012 9:43 AM
218	Daughter eventuall left the program for a smaller more conduscive setting for her Dh program.	May 4, 2012 5:56 AM
219	victim now knows she did not deserve any of the mal treatment, but she still tends to need increased attention and sometimes creates "drama" in order to receive attention. She has "forgiven" the abuser, although sets boundaries with him. She does still feel the need for love and acceptance from her abuser.	May 3, 2012 3:39 PM

Page 2, Q1. If yes, how would you describe the effectiveness of the therapy or counseling that was received?

220	The main thing that made him feel better was for the abuse to stop...the counseling was good too though!	May 3, 2012 11:49 AM
221	EDUCATION IS VERY, VERY, HELPFUL	May 3, 2012 9:33 AM
222	Victims of domestic violence who are disabled rarely, in my experience, have targeted therapies to assist them with the trauma associated with that violence or how to prevent similar violence in the future.	May 3, 2012 8:09 AM
223	Find a therapist that worked with animals so, my child was able to open up and feel safe around the dogs and animals during therapy.	May 3, 2012 5:39 AM
224	We did attempt to get her counseling through a Medicaid provider. The office was not accessible to wheelchair users.	May 2, 2012 4:31 PM
225	The abuse my daughter received was over toileting. She with the help of a CBA she was able to enter the bathroom without fear. It only took three years of her life.	May 2, 2012 12:54 PM
226	He is now getting counseling for the bullying that occurred 10 years ago	May 2, 2012 10:02 AM
227	My son's therapist uses an unconventional technique called Thought Field Therapy. This has been an approach that is successful in helping victims with PTSD. I have watched my son calm down under his therapist's tutelage. I am grateful that the services of the Victims of Crimes has made it possible for my son to see this therapist.	May 2, 2012 9:43 AM
228	Over many sessions, we finally learned what happened to him.	May 2, 2012 7:40 AM
229	This brother has made remarkable improvements in his health.	May 2, 2012 5:38 AM
230	The counseling was very helpful because it helped me deal with things that I was experiencing. As well, because I was seen at the hospital, I felt sure of the confidentiality than if I saw a school or division counselor. As a matter of fact, because my treatment was from the hospital, the school did try to get me kicked out, but failed, and the hospital also helped me through that situation as well.	May 1, 2012 11:39 PM
231	This young girl has become a confident, spirited young woman with a lot of hope for her future, although the past haunts her at times, and it's hard for her to comprehend how her parents could treat her that way, and just throw her away when they had had enough of her.	May 1, 2012 5:49 PM
232	still in process	May 1, 2012 1:35 PM
233	Helped me process my feelings and manage my depression	May 1, 2012 9:51 AM
234	The treatment that my husband received was short term -- only six weeks at a day hospital but then there was no follow up and has not been since. This is a huge concern as he is still struggling.	May 1, 2012 5:17 AM
235	Ongoing!	Apr 30, 2012 6:37 PM
236	I took my older daughter to my younger daughter's therapist a couple of times just to be sure she was doing OK -	Apr 30, 2012 11:34 AM

Page 2, Q1. If yes, how would you describe the effectiveness of the therapy or counseling that was received?

237	My son feels better returns home or goes to school starts all over again	Apr 30, 2012 7:14 AM
238	I recieved counseling as a kid, but as a kid, I did not understand much of what happened to me. I had to seek out more counseling as I got older to help deal with my abuse as I grew in my understanding of self.	Apr 30, 2012 6:32 AM
239	Having a impartial person outside of the family who believed me was very helpful and resources were offered to help me and my family get out of the situation, eventually.	Apr 29, 2012 7:13 PM
240	Shit duties because of light duties	Apr 29, 2012 6:45 PM
241	Every therapist was ignorant uninformed and inexperienced	Apr 29, 2012 3:45 PM
242	Extremely unhelpful as I was not allowed to talk about my multiple shocking traumas. as other trauma victims are allowed to do. I have cheated death hundreds of times my life experiences are truely shocking	Apr 29, 2012 11:00 AM
243	As a parent I went to therapy seeking help for my son yet was treated myself. On one hand it was helpful as I realized by parental reaction needed to be reassuring & calm; on the other hand there was no one in our rural community who knew what to do with a traumatized child with a disability.	Apr 28, 2012 10:08 PM